

Iowa CareGivers Association Annual Conference 2009

October 9, 2009

Mercy East Tower Auditorium, Des Moines

A conference designed specifically for direct care workers

Who May Attend:

*Certified Nursing Assistants
Home Care Aides
Patient Care Technicians
Personal Assistants
Hospice Aides
Medication Aides
Direct Support Professionals
Consumer Directed Attendant Care Workers
Family Caregivers
Other Direct Care Workers*



CRACKING THE *CareGiver Code*

IOWA CAREGIVERS ASSOCIATION

Co-sponsored by:

Delta Dental of Iowa Foundation

Des Moines University

United States Department of Human Services Health Resources and Services Administration

Iowa Department of Public Health

Mercy Medical Center-Des Moines

The Printing Station

*For more information: Call 515-223-2805 or email: information@iowacaregivers.org
Website: www.iowacaregivers.org*

CONFERENCE INFORMATION

About the Theme:

“Cracking the CareGiver Code”

Every year the Iowa CareGivers Association develops our annual educational conference around a fun theme. The theme is used to enhance the overall conference experience and make learning more enjoyable. This year’s theme takes us on an exploration to “Crack the Caregiver Code.”

Load up your backpacks and get ready to take an adventure with us. We’re going to “dig” into a number of great topics and uncover evidence that will help to “preserve” your love for the profession of direct care. Discover what treasures lie within each and every one of you. So, join us on this quest and let’s get “Crack’n.”

Conference attendance will be limited this year due to space.
Please register early to ensure your attendance.

Exhibit space available on a first come, first serve basis.
No employee recruitment activities allowed. Contact ICA for more information.

Too Busy to Care for You? Take a Little Time to Participate in Health Screenings.

As direct care workers (DCWs), you often put the care needs of others before your own. The truth is...a healthy YOU is vital to the welfare of those who depend upon you. Take this opportunity to participate in the health screenings being offered at conference through a continued partnership with Des Moines University. Bone density (PIXI DEXA), blood pressure, BMI (Body Mass Index) are all offered free of charge. Blood lipids and glucose will be done for a minimal fee. Resource information on self-exams, diet/exercise, and colon cancer will also be available. The ICA hopes that you will take advantage of this great opportunity!

Iowa CareGivers Association Annual Meeting and Reception and Kick off to “Cracking the Caregiver Code”

Join us on the evening of Thursday, October 8 at the Holiday Inn Downtown-Mercy Campus, Tower Room
Tentative Agenda:

5:30 p.m. Social Time 6:00 p.m. Program
Followed by networking and the revealing of treasures.

Conference Co-Sponsors

- ***Delta Dental of Iowa Foundation***
- ***Des Moines University***
- ***United States Department of Human Services, Health Resources and Services Administration***
- ***Iowa Department of Public Health***
- ***Mercy Medical Center-Des Moines***
- ***The Printing Station***

GOLD

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BRONZE

*Aging Resources of Central Iowa**
American Medical Directors Association-Iowa Chapter
*Howard Hammond**
Home Instead Senior Care
14A/Iowa Family Caregiver Program
Iowa Association of Homes and Services for the Aging
*Hospice & Palliative Care Association of Iowa**

**indicates contribution to scholarship fund*

CONFERENCE AGENDA

Friday, October 9, 2009

6:30 - 8:15 a.m.	Health Screenings Available	
7:15 - 8:15 a.m.	Registration/Continental Breakfast/ Exhibits	
8:15 - 8:30 a.m.	Greeting/Welcome	<i>Tonya Amos, Conference Planning Committee Chair</i>
8:30 - 9:00 a.m.	Secrets of Stretching Revealed!	<i>Sandra Dirks, Certified Bonnie Prudden Master Myotherapist</i>
9:00 - 10:00 a.m.	Opening Keynote: Ignite Your Life!	<i>Gaye Hanson, Keynote Presenter</i>
10:00 - 10:15 a.m.	Break: Visit with Exhibitors/Health Screenings	
10:15 - 11:15 a.m.	Session A Workshops	
	A1: A Crash Course in Preventing & Managing Conflict	<i>Scarlett Lunning Huey, Iowa Mediation Service</i>
	A2: The Top Ten Things to Know About Autism	<i>Sue Baker, Autism Services Consultant, Iowa Department of Education/University of Iowa Hospitals and Clinics CHSC</i>
	A3: "Oral Care: So Easy Even a Caveman Could Do It!"	<i>Jenifer Badger, RDH, I-Smile Coordinator, New Opportunities, Inc.</i>
	A4: Healthy Eating without Breaking the Bank	<i>Julie McMillin, Registered Dietitian, Ankeny Hy-Vee</i>
11:15 - 12:00 p.m.	Lunch	
12:00 - 1:15 p.m.	General Session: Unlocking Your Hidden Treasure	<i>Iowa CareGivers Association</i>
1:15 - 1:30 p.m.	Break: Visit with Exhibitors/Health Screenings	
1:30 - 2:30 p.m.	Session B Workshops	
	B1: Person to Person: Be the Best That You Can Be <i>Program for ICA Leadership Graduates Only.</i>	<i>Heidee Barrett-McConnell, RN, Education and Outreach Specialist, Iowa CareGivers Association</i>
	B2: Proper Body Mechanics and Transfer Techniques for Care Providers	<i>Traci Bush, PT,OTR/L, DHS, Des Moines University</i>
	B3: How Do I Make Them Listen?	<i>Patrice Webber, RN, BS, Nursing Coordinator, Older Adult Services, Iowa Health-Des Moines</i>
	B4: Keys to Caring for Patients with Multiple Sclerosis	<i>Valerie Stickel-Diehl, RN, MS, MSCN, Ruan Neuroscience Center, Mercy Medical Center- Des Moines</i>
2:30 - 3:00 p.m.	Break: Visit with Exhibitors/Health Screenings	
3:00 - 4:00 p.m.	Session C Workshops	
	C1: Providing Care to Residents with Post Traumatic Stress Disorder (PTSD)	<i>Michael Luttrell, Psychologist, Iowa Veterans Home</i>
	C2: Keeping Silence and Knowing What to Say When	<i>Norma Hirsch, Chief Medical Director, Hospice of Central Iowa</i>
	C3: The Key is Within You	<i>Heidee Barrett-McConnell, RN, Education and Outreach Specialist, Iowa CareGivers Association</i>
	C4: Mixing Four Generations in the Workplace: Multigenerational Awareness, Communication and Sensitivity	<i>Jenni Grandgeorge and Ann Weiss, Mercy Medical Center, Des Moines</i>
4:00 - 4:15 p.m.	Break: Visit with Exhibitors/Health Screenings	
4:15 - 5:15 p.m.	Closing Keynote: Are You a Puddle or An Ocean?	<i>Richard Rowe, Keynote Presenter</i>

Iowa CareGivers Association Conference Scholarships

APPLICATION DEADLINE: September 4, 2009

There is a limited number of scholarships available. Get your scholarship application in quickly.

Merit Scholarships from the Iowa CareGivers Association (ICA) are now available for direct care workers to attend the annual ICA educational conference on October 9, 2009 in Des Moines.

What is the Iowa CareGivers Association?

ICA is an independent nonprofit association that supports direct care workers through education, recognition, advocacy, and research. The ICA is an innovative national model for recruitment and retention of direct care workers in order to improve access to quality care for those who are in need.

What is the Iowa CareGivers Association's annual conference?

The ICA annual conference is an event filled with opportunities.

- ➔ Quality education specifically for direct care workers
- ➔ Networking with other direct care workers from across the state of Iowa
- ➔ Recognition of the special contributions that direct care workers make every day
- ➔ Motivation and enthusiasm that recharges direct care workers
- ➔ Fun environment that enhances the learning experience

What are some of the objectives for the 2009 ICA Conference?

Conference participants will:

- ➔ Earn 6.75 contact hours of continuing education for attendance at this conference
 - ➔ Gain new knowledge about various health issues and how to provide cares
 - ➔ Increase awareness of self-care and steps that can be taken to ensure a healthy lifestyle
 - ➔ Receive information about resources and techniques that enhance caregiving
 - ➔ Discuss regulatory and other issues that have an impact on quality care
 - ➔ Identify ways to improve professional and personal communication and to build healthy relationships
- (See detailed program objectives in the conference brochure.)

What is an ICA merit scholarship?

- ➔ Scholarship that is not based on financial need alone
- ➔ Scholarship awarded based upon recognition of admirable and professional qualities
- ➔ Scholarship awarded based upon a sincere desire to grow in the profession of direct care
- ➔ Scholarship focused upon the desire to improve personal and professional development
- ➔ Scholarship awarded in recognition of good character/behaviors/qualities

What is the value of an ICA merit scholarship for conference?

In 2009, the value of a scholarship is \$290. Not only does this cover the cost of the conference, but it also allows Iowa CareGivers Association to keep the conference registration fees at an affordable rate for all attendees.

What does the ICA Conference Scholarship cover?

Scholarship covers:	Scholarship does NOT cover:
1. Registration for one-day conference	1. Hotel room
2. Continental breakfast and lunch	2. Mileage to and from conference.
3. Pre-conference reception on the evening of October 8, 2009	
4. All materials and handouts	

When will I know if I received a scholarship?

Most notifications will be made by shortly after the September 4 deadline.

Conference Scholarship Application

Who is eligible to apply for an ICA Conference Scholarship?

A limited number of scholarships will be available to individuals currently employed as Certified Nursing Assistants (CNAs), Home Care Aides (HCAs), Patient Care Technicians (PCTs), Personal Assistants, Hospice Aides, Medication Aides, Direct Support Professionals, Consumer Directed Attendant Care Workers (CDAC), and other direct care workers.

You **DO** have to be registered as a member of Iowa CareGivers Association to be eligible to receive a scholarship. Membership is our gift to you for choosing a career in caregiving and open to any direct care worker who wishes to apply. If you are currently not a member, you may become a member by simply completing this scholarship application and checking the box "Please register me as an ICA member."

You **MUST** live or work in Iowa to be eligible for an ICA scholarship.

How do I apply for this scholarship?

- 1) Complete the application form on the following pages. **All information and questions must be answered completely in order for the application to be considered.**
- 2) Make sure to include the name, contact information and signature of the person serving as your reference.
- 3) Send the completed application to:

Conference Scholarships
Iowa CareGivers Association
1211 Vine Street, Suite 1000
Des Moines, Iowa 50265
515-226-3214 (fax)
information@iowacaregivers.org

MUST BE RECEIVED NO LATER THAN September 4, 2009!!

NOTE: Do NOT complete your conference registration form until you have received notification from the ICA that you have received a conference scholarship.

Scholarships are made possible in part by United States Department of Human Services Health Resources and Services Administration, Iowa Department of Public Health, Aging Resources of Central Iowa, American Medical Directors Association-Iowa Chapter, Maralyn Hammond Memorial (Howard Hammond), and the Hospice and Palliative Care Association of Iowa.

For Office Use Only: 1. _____ 2. _____ 3. _____ <input type="checkbox"/> Approved

Application Form for ICA Conference Scholarship

(to be completed by the direct care worker)

All information must be complete to be considered!

Mr./Mrs./Ms. First Name Last Name Home Telephone

Home Mailing Address Cell Phone

City State Zip Email Address

County in which you live Title (No abbreviations please)

Employer

Employer Mailing Address

City State Zip Work Telephone

Please register me as an ICA member. (gift to direct care workers)

1. Are you a first time scholarship applicant? Yes No
2. Identify the number of years or months that you've worked for your current employer. _____ years _____ months
3. Have you ever attended a conference or workshop away from your place of employment? Yes No
4. If you were to receive a scholarship so there is no cost to you, how likely would you be to take a class to become **certified** in the following:

	Very likely	Somewhat likely	Not at all likely
CNA Mentor			
Alzheimer's and Dementia Care			
Hospice and Palliative Care			
Medication Aide			
Rehabilitation Aide			
Home Care Aide			
Person Centered Care Specialist			
Mental Health Aide			
Advanced Nurse Aide			

5. If you were to receive a scholarship so there is no cost to you, how likely would you be to take a class to improve your **professional skills** in the following:

	Very likely	Somewhat likely	Not at all likely
Leadership training			
Color Code: How to work more successfully with people with different personalities			

6. How do you prefer to take classes for certification and to improve your professional skills?
 - Attend a class where I work, with the people I work with
 - Attend a class at another location such as a community college or the ICA DCW Resource and Outreach Center, with CNAs who work many different places
 - Online/Website
 - Other _____

7. Would you be more likely to attend

- A statewide direct care worker conference
- A regional conference
- Both

8a. How did you find out about this year's conference? (Check all that apply)

- | | |
|--|--|
| <input type="checkbox"/> Employer or supervisor | <input type="checkbox"/> ICA Website |
| <input type="checkbox"/> ICA Conference brochure | <input type="checkbox"/> ICA newsletter |
| <input type="checkbox"/> Friend/co-worker | <input type="checkbox"/> ICA scholarship application |
| <input type="checkbox"/> Radio/newspaper | <input type="checkbox"/> Other _____ |

8b. Who encouraged you the most to apply for this scholarship? _____

9. Would you be able to attend this conference without the scholarship?

- Yes
- No

Tell us more about you:

Please give a brief answer to each of the questions below. Your answer will be reviewed for content and ideas, not for grammar or writing style. Your answer may be handwritten or typed. If you need more space, please attach another sheet.

Questions:

What do you treasure most about your position as a direct care professional?

If you had the key to "crack the caregiver code" to keep direct care workers in the field of direct care, what would it be?

REFERENCE REQUIRED

This portion to be completed by your reference

Acceptable references are: Employers, co-workers, clients/residents, others who have knowledge of your caregiving experience.

_____ First Name	_____ Last Name	_____ Title	
_____ Organization	_____ Mailing Address		
_____ City	_____ State	_____ Zip	_____ Email Address
_____ Relationship to Applicant	_____ Phone		

- I support this applicant as a qualified candidate to receive this conference scholarship.

Signature of Reference

SESSION DESCRIPTIONS

GENERAL SESSION:

Secrets of Stretching Revealed!

Sandra Dirks, Certified Bonnie Prudden Master Myotherapist

Ready to Stretch? Unearth simple stretching techniques that will help you create more flexible, pain free muscles. Learn a few simple movements that, when repeated throughout the day, can increase flexibility, improve circulation, and decrease tension in stiff muscles.

Objectives: Learn how to incorporate range of motion exercises throughout the day to relieve muscle spasm/tightness. Learn range of motion exercise, which can increase flexibility and decrease muscular tension for your clients/patients.

OPENING KEYNOTE:

Ignite Your Life!

Gaye Hanson



Our attitudes affect everything in our lives. How we perform, how we deal with others, how we lead and how we live! Budget battles, staff shortages, under staffing, long shifts, crabby patients and

“Never events” all rob us of our inspiration! Gaye’s message of undefeatable attitude in the face of life’s challenges will leave you on-fire and ready to run back to work with renewed focus, outstanding purpose and re-ignited passion! When we have an awesome attitude the world sees it! Staff morale sky-rockets, patient satisfaction soars and the bottom line improves dramatically! This presentation is filled with high energy, humor and fun! Get ready, her message will tickle your funny bone, touch your heart, challenge your mind and IGNITE your spark!

SESSION A WORKSHOPS:

A1: A Crash Course in Preventing & Managing Conflict

Scarlett Lunning Huey, Iowa Mediation Service

As human beings we experience CONFLICT inside ourselves and with others. This workshop will give participants an opportunity to get in touch with their personal beliefs about conflict and understand how to constructively

respond to the anger and frustration they face in the workplace and in their personal relationships. Objectives: Understand our psychological and behavioral responses to conflict, become more confident in our capacities to deal with whatever difficult behaviors and situations we encounter, and laugh and have fun!

A2: The Top Ten Things to Know About Autism

Sue Baker, Autism Services Consultant, Iowa Department of Education/University of Iowa Hospitals and Clinics CHSC

This presentation will overview important concepts about the disorders of autism and other autism spectrum disorders. We will also discuss how structure helps this population be independent. Objectives: Participants will learn background information about causes of autism, facts about this unique disability, and what other conditions occur with autism. Participants will understand why this brain processing problem responds to visuals rather than spoken words to support understanding, compliance, and independence.

A3: Oral Care: So Easy Even a Caveman Could Do It!

Jenifer Badger, RDH, I-Smile Coordinator, New Opportunities, Inc.

This workshop will provide attendees with information about oral diseases, their causes, and how poor oral health affects overall health. Also discussed will be the caregiver’s role in their clients’ oral health. Hands-on experiences will be provided with examples of tools to make the job easier. Objectives: The attendee will have an understanding of the importance of good oral health and its role in good overall health, as well as learn new tips and techniques to make providing oral care easy and effective for both the caregiver and the client.

A4: Healthy Eating without Breaking the Bank

Julie McMillin, Registered Dietitian Ankeny Hy-Vee

Do you think eating healthy is expensive? Well, it does not have to be. Julie McMillin, registered dietitian for the Ankeny Hy-Vee will show you how to eat healthy on a budget. Objectives: Learn how to eat healthy on a budget. Discover some healthy snacks that will not break the bank. Learn how to prepare healthy meals for the entire family.

GENERAL SESSION:

Unlocking Your Hidden Treasure

Iowa CareGivers Association

Each of you holds the key to your inner treasure. You touch the lives of many people every day...but when you discover and share your hidden treasure, you release the power to change the world of direct care! The Iowa CareGivers Association (ICA) session will feature how the ICA can better serve your professional needs, and explore ways you can become more involved. Topics included are:

- ICA’s Direct Care Worker Resource & Outreach Center (ROC)
- How We Communicate With You?
- ICA Leadership Program and Council
- Benefits of Direct Care Worker Educational Standards: Your Professional Status
- Access to Health Care for Direct Care Workers
- Open microphone session will give you an opportunity to ask questions and share your ideas/stories

SESSION B WORKSHOPS:

B1: For ICA Leadership Graduates: Person to Person, Be the Best That You Can Be *Heidee Barrett-McConnell, RN, Education and Outreach Specialist, Iowa CareGivers Association*

This program is intended for ICA Leadership Graduates to gather together, meet old friends, and to continue learning about the art and skill of leadership. Do you lead or drive people? What is the spirit of leadership? How can you make the difference? Participants will be able to define the role and spirit of leadership, as well as share the vision of leadership person to person.

B2: Proper Body Mechanics and Transfer Techniques for Care Providers

Traci Bush, PT, OTR/L, DHS Des Moines University

Participants will be provided with basic concepts pertaining to the utilization of proper body mechanics when completing client transfer activities. The presentation will include a brief review of anatomy and the components of proper posture. In addition, various methods of client lifting and transferring will be discussed and demonstrated. Objectives: Participants will be able to explain the principles of proper posture, discuss

SESSION DESCRIPTIONS

how to determine which transfer and lifting technique to use given a client care scenario, demonstrate at least one lifting or transfer technique utilizing proper body mechanics, and identify appropriate exercises that will assist them in completing lifting and transfer tasks.

B3: How Do I Make Them Listen?

Patrice Webber, RN, BS, Nursing Coordinator, Older Adult Services, Iowa Health-Des Moines

Clear communication is a key component for a group of people working together effectively. However, creating and delivering a clear message can be a challenge. Employees want guidelines from their supervisors, and supervisors and management want input from the entire team. Objectives: Learn communication techniques so that the participant can clarify directions from supervisors and provide information to others in a way that is understood and taken seriously.

B4: Keys to Caring for Patients with Multiple Sclerosis

Valerie Stickel-Diehl, RN, MS, MSCN, Ruan Neuroscience Center, Mercy Medical Center-Des Moines

This program will share the physical, emotional, social, medical, privacy, and personal needs of the younger patient with MS. Participants will understand multiple sclerosis and its symptoms. Participants will understand medications utilized to treat MS and will also learn the opportunities and rewards of caring for those with MS.

SESSION C WORKSHOPS:

C1: Providing Care to Residents with Post Traumatic Stress Disorder (PTSD)

Michael Luttrell, Psychologist, Iowa Veterans Home

Participants will be provided a brief description of the etiology and symptoms of Post Traumatic Stress Disorder and practical considerations for providing care.

C2: Keeping Silence & Knowing What to Say When

Norma Hirsch, Chief Medical Director, Hospice of Central Iowa

This workshop will focus on providing practical approaches to questions that patients at the end of life frequently raise with their caregivers. Objectives: Participant will be able to list several responses to questions that have no

answer. And will be able to describe the value of keeping silence and intentional listening.

C3: The Key is Within You *Heidee Barrett-McConnell, RN, Education and Outreach Specialist, Iowa CareGivers Association*

How many times do we look for the answer outside of ourselves? We search through books, lectures, support groups, articles, and the advice of others. Have you ever considered the answer to many of life's questions is already within you? This program will take you on an interesting journey of thought provoking questions and discussion to listen to your inner voice. What is it? What is it saying? Can I trust it? Come along with us and discover more about yourself on this journey of life. Participants will learn how to quiet your mind and listen to yourself, as well as discuss how purpose and service work together.

C4: Mixing Four Generations in the Workplace: Multigenerational Awareness, Communication and Sensitivity

Jenni Grandgeorge, Human Resources Business Partner, and Ann Weiss, Management Development Coordinator, Mercy Medical Center-Des Moines

Today's workforce comprises four distinct generations; each with its own shared history, common biases and core beliefs. Learning what makes each generation tick, and taking the time to consider your communication approach will advance your relationships and help you lead your team during good times and through stressful situations. Objectives: Define the four generations and their workplace characteristics. Identify the common drivers and value systems of each generation and how those drivers effect motivation and behavior in the workplace. Describe how each generation defines success and understand how the differences effect communication and relationships in the workplace.

Remember:
Space is limited!
Get your scholarship applications and registrations in quickly.

CLOSING KEYNOTE:

Are You a Puddle or an Ocean?

Richard Rowe

This presentation explores ideas from Richard's book "*Is Your Life a Puddle or an Ocean?*,"



which is a look at how we create ripples in our lives based on our choices. We'll explore how we affect those around us and examine the truth of what we do or don't do, presenting the ripple we create on a daily basis--rather it be at work, community, or family. This program will be information-rich, highly motivational and entertaining; Richard is a polished storyteller making the seemingly complex easy to understand.



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Attendance at this conference is good for 6.75 contact hours of continuing education for Certified Nurse Assistants, Certified Medication Aides, Health Care Technicians, Home Health Aides, and other direct care workers. Certificates of attendance will be issued by the Iowa CareGivers Association. We are not able to provide CEUs for RNs, LPNs, and other licensed staff. Thank you.

Additional things to note:

- There will be opportunities to purchase items/products at the reception and the conference (including membership pins). You may want to bring some cash or your check book.
- Dress in layers as meeting room temperatures may vary.

REGISTRATION FORM: 2009 CONFERENCE

Registration form may be photocopied or downloaded at www.iowacaregivers.org

Name: (Mr./Mrs./Ms.): _____

Home Mailing Address: _____

City: _____

State: _____

Zip: _____

Email Address: _____

Phone: Home () _____

Work () _____

County: _____

Employer: _____

Title: _____

Shift: _____

Number of Years in Direct Care: _____

Birthdate: _____

Is this your first time at conference? Yes No

Do you plan to participate in the health screenings? Yes No

May we have permission to publish your name? Yes No

Will you be attending the reception on Thursday evening? Yes No

Do you have any special dietary needs? Yes No

Please list here _____

REGISTRATION

(A) ICA Membership (You must be an ICA member to receive the member rate for conference registration. Membership is our gift to direct care workers. See explanation at right.)

ICA Membership- Please register me as an ICA member.

(Check one) New Renew \$ _____

(B) Conference Registration

ICA Member \$100 \$ _____

Non-Member \$220 \$ _____

I received an ICA scholarship to attend conference.
(check here) \$ 0 \$ 0

TOTAL AMOUNT ENCLOSED \$ _____

Make checks payable to: Iowa CareGivers Association

REGISTRATION INFORMATION:

- Payment must be sent with registration.
- Direct care workers must be an ICA member to receive the member rate. To become a member or to renew your membership, please mark the membership option on the registration form. There is no charge for direct care workers (CNAs, HCAs, PCTs, and other direct care workers) to become members. Individuals other than direct care workers must pay the non-member rate to attend conference this year.
- Please do not send cash.
- A confirmation of registration and payment will be emailed, faxed, or mailed to you.
- A limited number of scholarships are available. The scholarship application is enclosed in this brochure. To receive a scholarship, complete the application as instructed on the form. Return the application to ICA by September 4. Wait for notification from ICA that you have received the scholarship, then complete the conference registration form and send to the address below.
- Cancellation policy: Sorry, NO refunds. A substitution of the registration will be accepted with no charge. Scholarships are not transferable.
- Send registration and payment to:
Iowa CareGivers Association
1211 Vine Street, Suite 1000
West Des Moines, IA 50265

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direct care workers*

Inside you'll find:

- Conference Agenda
- Session Descriptions
- Registration Information
- Scholarship Application
- Combined Reception and Annual Meeting
- Available Health Screenings



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NONPROFIT ORGANIZATION
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Iowa CareGivers Association
Direct Care Worker Resource
and Outreach Center
1211 Vine Street, Suite 1000
West Des Moines, IA 50265